

Good Citizenship

Sweet Deeds For Your Community

(NAPSA)—Every now and then, we all could use a helping hand. The simplest gesture from a friend or even a stranger can help boost morale and add a silver lining to an ordinary day. Applying that same principle and finding simple ways to support your community through a good deed can make a lasting difference. Here are some ways you can celebrate the spirit of helping others and get involved in your community. For example:

• **Grow some good:** Put gardening skills to good use by getting involved with a local tree-planting initiative or an urban garden. Trees, plants and gardens not only beautify the areas where they're planted, they provide oxygen, homes for animals and even fresh herbs or vegetables.

• **Pay your fashion forward:** Transform clutter into charity by donating lightly used clothing or shoes from your closet. A number of programs provide business attire to people interviewing for jobs as a way to help workers get back on their feet. Additionally, thrift stores often sell second-hand clothing as a way to raise funds for other programs and nonprofits.

• **Share your knowledge:** Use your aptitude for reading, writing, math or science to support the next generation of students in their education. Volunteer at a local tutoring center to help children struggling in school.

• **Do a good deed each day:** Keep your eyes open for the opportunity to open a door for a stranger—mow the lawn for a neighbor or



Finding simple ways to support the community through a good deed can make a lasting difference and you never know when a sweet deed may return to you.

bring a meal to a family with a new baby.

Finally, don't forget to take a moment and celebrate the good deeds done by your friends. One way to recognize the efforts of others is to become a member of the Sweet Deed Society on the **Santa Cruz Organic**® Facebook page and nominate a friend who has done a good deed. Participants will also be entered into a grand-prize drawing for a chance to win weekly and grand prizes, including one of two home computer upgrades, awarded as a \$2,000 check. To help acknowledge their good deed, nominees can also accept their nomination, join the Sweet Deed Society and be entered for their own chance to win. Visit www.facebook.com/santacruzorganic to join.

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