

Health Awareness



Taking Control Of Spina Bifida

(NAPSA)—A growing number of people are finding it's possible to survive and thrive despite a debilitating birth defect.

It's believed that 70,000 to 130,000 people in the United States currently live with Spina Bifida—the most common permanently disabling birth defect in the United States.

To help, the Spina Bifida Association (SBA) offers a number of programs for new parents, families,



Spina Bifida is said to be the most common disabling birth defect in the United States.

teens and adults—including a teen mentoring program and a national conference.

The association has designated October as Spina Bifida Month. Says Cindy Brownstein, CEO, Spina Bifida Association, "It's essential that people are aware that Spina Bifida affects a startling number of people in the United States. National Awareness Month was created to help us celebrate the lives of those with the birth defect."

To learn more, visit www.spinabifidaassociation.org or call (800) 621-3141.