

Healthy Living

Tea And Cholesterol

(NAPSA)—Despite having the most expensive health care system in the world, many Americans aren't what most people would consider "healthy." Almost half of all Americans are overweight, and heart attacks still remain the No. 1 killer in the US.



Tea extract may help people comply with newly recommended cholesterol guidelines.

What's behind our country's declining health? Is it the lure of fast food or the avoidance of exercise? Maybe both. What is clear is that our lifestyle choices have led to widespread, dangerously high levels of cholesterol. In fact, the American Heart Association recently published new guidelines that lowered the acceptable levels of "bad cholesterol" by almost 30%. According to these new guidelines, millions of Americans—including those who never dreamed they were at risk—now are.

The good news is that there are natural, nonprescription alternatives for lowering cholesterol. Clinical trials have proven the effectiveness of heart-healthy products such as TeaFlavin[®], an all-natural, caffeine-free capsule made from tea extract. The once-a-day capsule contains as much cholesterol-fighting power as 35 cups of green tea.

For more information on TeaFlavin[®] and to place an order, visit www.teaflavin.com or call 1-800-876-4332.