

# Pointers For Parents

## Teaching Kids To Dress

(NAPSA)—Here's a tip kids (and parents) can grow on: Teaching children to dress themselves can help kids build confidence and give them a sense of independence.



**Children can learn to dress themselves by listening to some familiar friends.**

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Try these suggestions from Sesame Workshop. They can help you teach your child to dress:

- Provide clues that help kids identify the right and left shoe and the front and back of garments.

- Try to buy only solid colored bottoms to make matching tops and bottoms easier.

- Learn from friends. Videos and DVDs such as the recently released *Elmo's World: Head to Toe With Elmo* use characters kids know to help make getting dressed seem fun. Kids take a trip to the shoe store with Elmo, learn how to make a "magical" hat and chat with a fuzzy pink jacket.

- Teach children to button shirts from the bottom up. That can make it easier to match the buttons with the button holes.

For more information and parenting tips visit the Web site [www.sesameworkshop.org/parents](http://www.sesameworkshop.org/parents).