

Fashion TRENDS

Teens Exercise Their Style For School

(NAPSA)—Today's teens are active, athletic and performance-driven. They are assertive, independent and of course, fashion-conscious. They need clothing that can move with them and meet their challenging lifestyles. They care about fitness, how they look and what they wear.

“Activewear for women is no longer limited to the elastic-waisted, noisy-nylon, bunched-up jogging pants of years ago,” says Nancy Lanzet, apparel buyer for Lady Foot Locker. “Today the silhouettes are much more sleek, feminine and tapered, celebrating the female form. This season, look for retro-inspired styling and comfortable fabrics such as fleece, lycra and mesh to dominate fashions for back-to-school.”

Here's a sneak peak at some of the hottest picks for the season:

- **Retro Classic**

In footwear, adidas remains a big influence with its retro styles including team classics with its signature three stripes on the side, and its shell-toe Superstar shoes with updated colors and accents like purple mirrored and monogrammed stripes. Puma's GV Special shoe with its staple form stripe along the side, accented in denim, is another popular shoe. In apparel, Puma's poly-brushed agile hoodie and matching pant in sky blue and frost gray with its contrasting panels at the side is very “old-school” and a great look to sport this season.

- **Campus Socialite**

College-inspired fashions are making a big statement at school. Nike offers a varsity collection in fair blue, midnight navy and white that caters to women with its fitted and tapered styling and comfortable, soft fabrics that feel as good as it looks. The collection includes contoured low-rise waist pants and shorts, varsity jacket, athletic tees, ribbed hoodie, and more. To complete the look, consider Nike's Air Max Burst running shoe in gray/Carolina blue and white, which offers style, as well as support. For other casual campus



Look for retro- and varsity-inspired activewear from Lady Foot Locker to make a huge statement this season.

styles, adidas is offering sporty fleece hoodies and pants with three-stripe tabs on sides, snap pants, cotton raglan jerseys, shorts, athletic ringer t-shirts and more.

- **The Challenger**

For those teens who move at a faster pace, Lady Foot Locker offers a high-performance collection from Nike with reflective taping and vents that are more functional. The collection features tights, sports tops, running shorts, tanks, mesh hoodie jacket and pants that convert to capris, paneled shorts, ribbed crew shirts and more. In footwear, teens can get the cushioning and support they need while looking good by sporting styles such as the Nike Air Max Moto in blue denim mesh with gray accents, the adidas Osweego in silver/blue and lavender and the Nike Air Pegasus in white/silver and royal blue. For those who prefer the outdoor trails, try New Balance's 650 and 601 trail running shoes in navy/gray/Carolina blue and white/black and raspberry, respectively.

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