

# Acing Migraine Pain

## Tennis Champion Monica Seles Faces Her Toughest Opponent

(NAPSA)—One of the world's most accomplished women's tennis players, Monica Seles, knows a thing or two about tough opponents. As one of the most competitive players on the Women's Tennis Association Tour, Seles captured eight grand slams in four years and the number one ranking for 178 weeks. Seles claims her toughest opponent hasn't been the fierce competitor across the net but rather her migraine headaches.

"I suffered for several years with what I thought were just stress or tension headaches. There were even times I had to miss practices—and pulled out of a couple of tournaments—because the pain was unbearable," said Seles. "Many people just couldn't understand how a headache could be so disabling and thought I just didn't want to play tennis that day."

Seles' experience is not uncommon. Migraine affects 28 million Americans each year and is often an under-diagnosed and misdiagnosed condition. In fact, an estimated 14 million people live with the condition but have never been diagnosed by a physician. Seles is sharing her experience with migraine as part of a national education campaign, called "Acing Migraine Pain," sponsored by GlaxoSmithKline, to help raise awareness of the condition.

"Too often, people with migraines mistake their pain for stress or tension headaches or



sinus pressure," said Dr. Jan Brandes, Department of Neurology at Vanderbilt University School of Medicine. "Because migraine can present itself in various ways, receiving an accurate diagnosis from a health care professional and getting appropriate treatment is critical."

It is important to seek medical advice for severe headache pain in order to receive an accurate diagnosis by a physician who can recommend effective treatment options. People interested in learning more about Seles and migraines can visit [www.acingmigrainepain.com](http://www.acingmigrainepain.com), where they can take a headache assessment quiz. The quiz can provide headache sufferers with useful information to assist in talking with a health care provider about migraine. For a limited time,

GlaxoSmithKline will make a donation to the American Council of Headache Education each time a person visits [www.acingmigrainepain.com](http://www.acingmigrainepain.com) and takes the Headache Assessment Quiz. The donation will be made in honor of Monica Seles to help support migraine research and education.

"When I was finally diagnosed with migraines, the doctor prescribed Imitrex® (sumatriptan succinate). Now, I take my medicine when I feel a migraine coming on and I get the relief I need. I hope by talking about my struggle with this condition, other people suffering from frequent bad headaches will recognize their symptoms and see a doctor to get a proper diagnosis and treatment," added Seles.

Imitrex tablets are now available in a formulation designed to rapidly dissolve in the stomach (the relationship between dissolution and efficacy has not been established). The new tablets contain the same active ingredient and provide the same proven efficacy and safety profile of the conventional Imitrex tablets. The rapid-release technology of Imitrex tablets works differently from oral disintegrating tablets, also known as oral melts, which dissolve on the tongue. New Imitrex tablets, which replace the old tablets, are swallowed whole with water like conventional tablets, dissolve quickly and can be taken at the first sign of migraine pain for effective relief.