

National Grant Program Honors The 200th Anniversary Of Lewis And Clark's Expedition

National Park Foundation And Allegra® Launch Momentous Volunteer Effort For National Parks

(NAPSA)—Every step was unexplored territory and there were no maps for guidance. President Thomas Jefferson won Congressional approval to fund Lewis and Clark's expedition, which would explore the Louisiana Purchase of the young United States, along with some other territories. Seeking a Northwest passage to the Pacific Ocean, Meriwether Lewis prepared for the trip by learning medicine, botany and astronomy, while William Clark was skilled in geography and mapmaking. In addition, they recruited volunteers to accompany them on the trek across these unexplored regions of America.

In celebration of Lewis and Clark's adventure, the National Park Foundation (NPF) and Allegra® (fexofenadine HCl) 180 mg once daily have partnered for the *National Park—Allegra® Relief Effort* to promote volunteerism through grants to National Parks in states along the Lewis and Clark National Historic Trail. The campaign will also provide information about outdoor preparedness, including health tips on managing seasonal allergies, which affect more than 35 million Americans each year.

"National parks add so much to our lives," said Jim Maddy, president of the National Park Foundation. "I'm excited about the *Relief Effort* because it helps spread the word about the important role volunteers play every day in National Parks across the country."

The *National Park—Allegra® Relief Effort* also encourages people to learn about National Park volunteer opportunities in their area. Further, the Relief Effort

National Park—Allegra® Relief Effort grants will be used to support volunteer programs in the following National Parks:

- Badlands National Park, South Dakota
- Big Hole National Battlefield, Montana
- Effigy Mounds National Monument, Iowa
- Fort Clatsop National Memorial, Oregon
- Fort Larned National Historic Site, Kansas
- Fort Scott National Historic Site, Kansas
- Fort Union Trading Post National Historic Site, North Dakota
- George Washington Carver National Monument, Missouri
- Homestead National Monument of America, Nebraska
- Jefferson National Expansion Memorial, Missouri
- Knife River Indian Village National Historic Site, North Dakota
- Lake Roosevelt National Recreation Area, Washington
- Lewis and Clark National Historic Trail, Nebraska
- North Cascades National Park, Washington
- Whitman Mission National Historic Site, Washington
- Yellowstone National Park, Wyoming



will provide information on being prepared for outdoor activities, including strategies for coping with seasonal allergy symptoms, such as itchy, watery, red eyes, sneezing and runny nose.

"Whether you are an experienced adventurer like Lewis and Clark or someone new to outdoor activity, being outside is more enjoyable when you're prepared," stated Phillip E. Korenblat, MD, Professor of Clinical Medicine at Washington University School of Medicine. "A common health concern in the spring is seasonal allergies, which can be effectively managed if you have the right tools."

For more information on the *National Park—Allegra® Relief Effort* or to receive a map of the Lewis and Clark trail, visit www.NPFAllegraRelief.com or call toll-free at (866) 264-1788.

The National Park Foundation is the Congressionally-chartered nonprofit partner of America's National Parks. Created by Congress in 1967, the NPF strengthens the enduring connection between the American people and their National Parks by raising private funds, making strategic grants, creating innovative partnerships and increasing public awareness. For more information, visit www.nationalparks.org.

Allegra® (fexofenadine HCl) 180 mg once daily is a powerful, safe and effective non-sedating antihistamine for the treatment of seasonal allergy symptoms in patients 12 and older. Side effects with Allegra 180 mg once daily are low and may include headache, cold or back pain. Allegra is available by prescription only, and seasonal allergy sufferers should consult their physician or health-care professional with questions. For additional product information, log on to www.allegra.com.

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