



# Hair Today

## The Great Hair Debate: Curly vs. Straight

(NAPSA)—With hair, the saying “the grass is always greener” is often true. Girls with curls want smooth, straight hair like Demi Moore, and those with pin-straight locks long for Nicole Kidman’s ringlets. Here’s how to make the most of what you’ve got:

**Q. How do I “catch the wave” and make my curls behave?**

A. Wash with a moisturizing shampoo and conditioner (try Té Tao Jasmine Tea No-Frizz), then towel dry and comb through to get out any knots. Run a product like Dippity-do Techno Style Texture and Waves Gel through damp hair, then twist in small rope-like sections. When hair dries, you’ll have Debra Messing-like waves.

**Q. My locks are pin-straight, is a little body too much to ask?**

A. Wash with a clarifying formula such as White Rain Daily Clarifying (it detangles too!) to get rid of buildup that can flatten. Then use Dippity-do Techno Style 3D Styling Mousse—comb it through the hair, shake your head a few times to maximize volume and let hair air dry.

**Q. I want to be a curly girl!**

A. Volumizing mousse is crucial—like White Rain Classics Extra Body Mousse—to give lift to roots. Dry hair with a large round brush, then wrap one-inch sections around a curling iron, spritz with an extra-hold spray—such as the tried-and-true Adorn Hair Spray—unclamp iron and gently remove so curl stays taut.

Chances are the “Curly vs. Straight” debate will never end, but it is comforting to know that there are ways to make your hair the object of envy!