

Good Psychology

The Nose Knows: Aromatherapy Benefits Of Cedar

(NAPSA)—Want to feel more serene at home or increase your chances of selling it after a prospect walks in the door? Try a home improvement twist on aromatherapy.

Realtors say you can increase the probability of selling your house if you make a great first impression—by baking fresh bread or a pie before showing it. Another way to make your home aromatically appealing, and more calming at the same time, is to line your closets with Aromatic Eastern Redcedar.

This particular kind of wood, which comes from a juniper tree, has a scent that's said to be calming, comforting and grounding. Traditionally, Japanese bathrooms have been lined with cedar so they emanate a sweet balsamic scent that, when mixed with steam, creates a true feeling of relaxation. It's that experience that is said to have inspired the famous perfume Olivia Giacobetti's *Iunx L'Eau Sento No.2*.

"Imagine opening your front door and smelling that wonderful cedar scent coming from the coat closet in the foyer," says HGTV and CedarSafe home improvement expert Pat Simpson, who has cedar-lined closets in his own



A cedar-lined closet has an appealing scent.

home. "Talk about a great first impression."

A cedar closet doesn't just make you feel good and your home smell nice, it also helps repel moths and silverfish that can damage expensive clothing or linens.

Install tongue-and-groove cedar planks in a coat or master bedroom closet to protect clothes and provide a luxurious look. You can line secondary closets with 4' x 8' cedar panels that are made from pressed cedar. And there's an easy way to make that cedar scent last. Every year or two, simply sand the surface of the cedar lightly with fine-grit sandpaper to rejuvenate the cedar oil.

Visit cedarsafeclosets.com for more information and to watch installation videos.