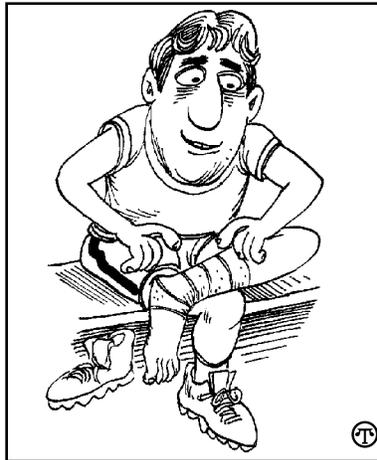


SPORTS SHORTS

The Road Back From Injury

(NAPSA)—As the trend toward more active lifestyles has grown, so too have the number of sports-related injuries and the field of sports medicine.

As a result, more people than ever before are seeking the assistance of medical professionals, such as physical therapists, to help them with their injuries and to get them back in the game of life as quickly as possible.



In addition to prescribing exercises as a way to improve the body, physical therapists may use a number of devices to assist in the healing process, such as ultrasound to treat inflammatory conditions of the joints, muscles and nerves.

Even a device as simple as an athletic bandage can become a therapeutic aid. One new type of bandage lets a patient keep pressure on soft tissue without many of the problems associated with old-style athletic bandages.

The SelfGrip bandage is made of a 98 percent cotton/two percent latex weave that draws moisture away from the skin but won't stretch out of shape. This allows for maximum blood flow while maintaining muscle support.

Completely self adhering, and requiring no pins or clips, the bandage does not stick to hair or skin and tears easily to the desired length.

To learn more, call Dome Industries at 1-800-432-4352.