

Meal solutions



Tips For Making Easy, Delicious Meals

(NAPSA)—When it comes to making dinner, you are always looking for quick ideas to serve a great-tasting meal. With your busy schedule, cooking an exciting meal doesn't need to involve a lot of preparation and planning. Putting a few twists on your meals by adding exciting flavors is easy, even on a busy weeknight.

- Add precut vegetables from the produce aisle to chicken or beef for a quick, delicious stir-fry. Cutting meat, poultry or vegetables into smaller or thinner pieces also cuts down on cooking time.

- One-dish dinners are real time-savers, plus cleanup is a snap. Try cooking beef, potatoes and carrots in the same roasting pan and enjoy the infused flavors.

- Replicate your family's favorite restaurant meals at home by using packets of specially blended seasoning mixes, which allow you to create a complete meal quickly in one skillet or casserole dish.

Lawry's has four new seasoning mixes that easily turn ordinary chicken, beef or pasta into a delicious meal the entire family will love.

- **Asian Style Beef & Broccoli**—This easy-to-prepare stir-fry meal will remind your family of its favorite Asian restaurant. The dish combines beef, broccoli and seasonings with a hint of garlic. Serve it over rice and you have a complete, satisfying meal.

- **Chimichurri Burrito Casserole**—Lawry's gives the familiar burrito casserole a new



Marvelous meals in minutes can be easy to achieve.

twist with this traditional Latin American sauce. With a few simple fresh ingredients, mealtime just got a lot more exciting.

- **Mediterranean Sundried Tomato & Garlic Chicken**—Add a taste of the Mediterranean to your family's casserole. This easy-to-bake casserole combines chicken, pasta, tomatoes and feta cheese to easily make an appetizing meal any night of the week.

- **Tuscan Style Chicken Marsala with Garlic and Basil**—Chicken Marsala is a restaurant favorite, but it might not make the menu at home. This effortless version comes together on your stovetop with just a few fresh ingredients. Flavorful garlic and basil give this meal its own Tuscan flair, perfect for serving over pasta or rice.

Lawry's Seasoning Mixes are made with natural spices and contain 0 grams of trans fat per serving and no MSG.

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