

ENTERTAINING IDEAS

Living For The Moment: Tips On How To Enjoy The Sweet Life

by Ilene Rosenzweig

(NAPSA)—Living spontaneously is the key to living stylishly. Indulging your whims is how you stay young, find love, get the best clothes, and have fun adventures. Splurging on a pair of shoes you



shouldn't, walking home because the moon is full, or grabbing your best friend for a last-minute weekend getaway—whims are what make life memorable.

Sweet Moments

—Sometimes spicing up your day is as simple as enjoying something sweet and poppable like Pepperidge Farm *Whims*[™] cookies. Available in Crispy Waves or Crunchy Clusters, these scrumptious little treats come in six must-have flavors including toffee, white chocolate and chocolate cashew. The resealable canister lets you take them anywhere—to the office, the playground or to your curl-up chair to catch your favorite TV show.

Spontaneous Saturday

The mark of a great hostess is one who can spring into action at a moment's notice, inviting people for a last-minute get-together, a grown-up play date for when you've got no plans. Take the pressure off hostessing by inviting everyone for an activ-

ity—for movie or games night. Then all you need is a well-stocked party pantry. Serve up a few rounds of charades with coffee. Scoop ice cream into wine or martini glasses and garnish with cookies. Or decant multi flavors of the treats into a variety of cookie jars all set on the coffee table and put a quart of milk in the ice bucket.

Weekend Guests—How to survive an invitation made on a whim to entertain guests for 48 hours straight? Make them feel as welcome as at a great hotel by giving the guestroom (or couch) a few four-star flourishes: mini-shampoos and soap on top of the towels, best-sellers on the night-stand, sleep mask on the pillow, and a minibar...a spot on the dresser for bottled water and a couple of wide champagne glasses filled with cherries and strawberries.

Getaways—Don't wait to get to your destination to start your vacation. Whether heading out of town by train, plane or automobile...bring party supplies. Stock the glove compartment with mixed nuts to spring open when stuck in traffic, your carry-on with premium mini cookies during the in-flight movie or your briefcase with the wine and cheese for the commuter train heading home on Friday night.

Flowers—The easiest way to breathe life into a room is with flowers. Don't wait for someone to send them—treat yourself. No need to be picky over arrangements, puzzling if dahlias can go with irises. The easiest way to make a big impact with little fuss is to put all your pennies into a single flower you like—say, daisies, the happiest bloom in the garden—and buy as many as you can carry. Fill the room with any and all vessels. After you've used up the vases, find a pitcher, a teapot and sugar bowl, pretty juice glasses or an empty perfume bottle.

Seize The Day—Ramp up the average day at the beach or park by initiating something to make the day as memorable as a movie. Try some fun to get the beach bums off their bums. Lay out the world's biggest beach blanket with as many towels as you can get your hands on and stake out the volleyball net. Set out aluminum chairs and binoculars, rent a water-ski boat to pick up guests hanging out lake-side or just bring hula hoops. Keep the festivities low maintenance—and high energy—by bringing along poppable treats and setting out coolers for refreshments, one full of cold drinks and one for fruit.

Rosenzweig is a nationally-renowned style guru and is co-author with Cynthia Rowley of the Swell book series.