



# spotlight on health

## Tour For A Cure

(NAPSA)—How many miles to a cure? That's the question being asked by the American Diabetes Association as they challenge cyclists to join them for their annual Tour de Cure, to help raise money for diabetes. Tour de Cure is the biggest cycling event for diabetes in the country held in over 80 cities nationwide.

Tour de Cure is a ride, not a race and everyone from the occasional rider to the experienced cyclist is welcome to join. Thousands of individual riders and teams have participated to support the Association's mission: to prevent and cure diabetes and to improve the lives of all people affected by diabetes. An astonishing 18.2 million Americans have diabetes, and 5.2 million of them don't know they have the disease. If left untreated, diabetes can lead to devastating complications, including heart disease and stroke, blindness, kidney disease and amputations.

Your participation in Tour de Cure will help raise much needed funds for diabetes research, community-based programs that empower people to manage their disease and the Association's outreach and advocacy efforts. The Tour de Cure national presenting sponsor is Bristol-Myers Squibb



**A ride that takes place in over 80 cities nationwide will ask cyclists to raise money for diabetes research and programs.**

Company and other sponsors include Performance Bicycles and Discovery Health Channel. Every dollar raised will help people with the disease lead healthier lives and will help to get us one mile closer to a cure.

To learn more about how to participate in your area, call the American Diabetes Association at 1-888-DIABETES (342-2383) or register online at [www.diabetes.org/tour](http://www.diabetes.org/tour).

*The American Diabetes Association is a national organization dedicated to the prevention and cure of diabetes and improving the lives of all people affected by diabetes.*