

Beauty Trends

Transform Your Home Into A Beauty Haven

(NAPSA)—Here's a beautiful thought: Looking and feeling your best may not need as much time, effort and money as many think. One reason may be that beauty is getting its own makeover with high-tech products to bring salon results into the home. For example:

Nail It. New nail files, cuticle removers and quick dry topcoats make doing your nails at home a breeze. Be on the lookout for the latest nail enamels that contain base, color and topcoat in one application.

Waxing Poetic. To many, the prospect of at-home waxing conjures up torturous images. Not any more. New waxing products including no-heat gels, strips and sugars, found at most drugstores, make the procedure easier than ever. These products are simple to use and guarantee salon-like results. You can minimize the burning irritation and pain immediately following waxing sessions with a product specifically designed for intimate skin care, such as the new Monistat[®] Soothing Care[™] Itch Relief Spray. Stop any uncomfortable rubbing and chafing of newly waxed-skin with something like new Chafing Relief Powder-Gel[™], also from Soothing Care[™]. This advanced formulation goes on feeling refreshingly gel-like and is quickly absorbed to leave a silky, breathable barrier on the skin for smooth, irritation-free results.

Body Beautiful. A relaxing, rewarding at-home body treatment is now seriously simple. Products formulated with state-of-the-art ingredients such as retinols, AHA's and vitamins are widely available. Choose from an array of delectable fragrances including chocolate truf-



Do-it-yourself makeovers may be easier and more comfortable than you think.

fle, pink champagne and grapefruit peonies. Some tips for achieving a fast-results body treatment include starting off with a thorough exfoliation. Look for exfoliators that offer dual results such as mechanical exfoliation through a seedy texture and chemical exfoliation with natural fruit acids found in most citrus fruits. New body muds also offer moisturizing and detoxifying benefits. Try concentrating these types of products on problem areas such as the upper arm, elbows and feet. Lastly, seal in moisture with a variety of hydrators ranging from body oils, lotions and creams.

Start practicing your at-home makeovers now. With a little dexterity and imagination, your do-it-yourself beauty results will end up looking more like the salon results you may crave but can't always seem to fit into your schedule.