

GO THE DISTANCE:

Travel Tips For Today

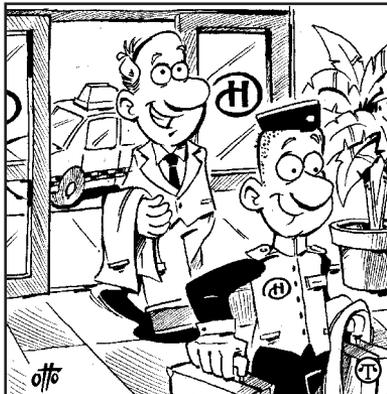
(NAPSA)—According to a recent survey from the Travel Industry Association, Americans' confidence in travel is inching upward. While committed to returning to their normal routines, many are concerned about the upheaval in the regular rules of the road.

However, a little advance planning can make all the difference in your journey. As a leader in guest reward programs, and with years of experience helping its members have a more enjoyable travel experience, Hilton HHonors has compiled the following tips to help make the return to travel as easy and stress-free as possible:

- Consider splitting your hotel stay between the city or suburban area you are visiting with one night at an airport hotel. That way, you won't have to leave quite as early for your flight. In some cities it is also possible to go to the airport, check in your luggage, then take the shuttle back to the hotel to relax for a few hours before your flight departs, depending on security regulations at the airport.

- Many airlines are cutting costs by eliminating or reducing meal service. When staying at a hotel, ask at check-in what services they provide. Many properties have 24-hour food service and they are happy to package meals to go.

- To avoid luggage hassles at the airport, ship your excess suitcase or other bags to the hotel ahead of time via Federal Express or UPS (provided that you have made reservations at the hotel in



advance). The hotel's business center can ship documents or luggage home as well.

- When you arrive at your hotel room, take a minute to look at the emergency exit information on the back of the door and walk the route from your room to the exit. Be aware of your surroundings and know how to leave safely just as you would in your home, office or on an airplane.

- Use the extra wait time at airports to take care of things you wouldn't normally have time to do. Some larger airports have hotels right inside the terminal with a variety of services including fitness centers, banking services, meeting space, retail shopping, full-service salons, and of course, rooms where you can nap, shower or watch a movie. Most of these properties provide day rates.

- If you have a business meeting or trip scheduled for a destination that is not too far from home, call ahead to see if they are offering any incentives to travelers who

arrive by car, train or bus. Members of Hilton HHonors, travelers earn Points & Miles regardless of their transportation methods.

- Check with hotel housekeeping to see if they have any of the personal items that you may have forgotten or did not bother to bring due to luggage restrictions.

- Transportation to and from airports varies at this time. Many airport hotels within the Hilton Family of Hotels offer park and fly options. Some properties offer special overnight rates with parking, which is a great option if you have an early flight. Rates vary and as always it is best to call in advance to reserve a room.

Hilton HHonors is a guest reward program that gives frequent travelers a faster way to earn the rewards they want most. Enrolled members can earn Points & Miles for the same stay, at nearly any rate, a benefit unique to the Hilton Family of Hotels called Double Dipping. Points & Miles are available at participating Hilton, Conrad, Doubletree, Embassy Suites Hotels, Hampton Inn, Hampton Inn & Suites, Hilton Garden Inn and Homewood Suites by Hilton hotels.

Travelers may enroll online and receive a 1,000-point bonus by visiting www.hiltonhhonors.com. Consumers in the U.S. and Canada can enroll in the program by calling 1-800-HHONORS. Reservations also can be made either on the HHonors Web site or by calling the toll-free HHonors number.