

Travel Troubles For People With Certain Health Conditions

(NAPSA)—Approximately 80 million Americans will travel this holiday season. For many, travel means frustration, not fun. Approximately 30 million people suffer from overactive bladder, a treatable medical condition that many assume is a natural part of aging.

“Overactive bladder can really impact one’s ability to travel,” says Dr. Richard Thompson, Director, Camino Medical Group, International Travel Clinic, Sunnysvale, Calif. “Many people try to cope by reserving aisle seats on planes or trains, or stopping frequently at roadside rest stops. They also may limit their fluid intake.”

Overactive bladder occurs when the bladder muscle contracts without warning, causing sufferers to experience three common symptoms:

- Urgency—strong, sudden urges to urinate;
- Frequency—often having to go to the bathroom eight or more times in 24 hours, including two or more times per night;
- Urge incontinence—wetting accidents due to a sudden and unstoppable urge to urinate.

Treatment for overactive bladder includes prescription medications like DETROL® LA (tolterodine tartrate extended release capsules), which works to help control involuntary contractions of the bladder muscle, the cause of those strong, sudden urges. Drug therapy often is coupled with behavioral techniques and bladder training, which together help patients manage their condition.

For additional information on overactive bladder, call toll-free 1-866-338-7651 or visit www.overactivebladder.com.

You should not take DETROL LA if you have certain stomach, urinary or glaucoma problems. DETROL LA is generally well tolerated. The most common side effect is dry mouth. Other side effects may include headache, constipation and abdominal pain. For important product information, visit www.detrolLA.com.