

# health hints

## Treating Nasal Dryness

(NAPSA)—As the weather gets colder, people will be spending more and more time indoors, breathing air that is warm and dry—and potentially irritating to delicate nasal passages. Fortunately, it is possible to keep membranes moist without resorting to medication.



**When you spend a lot of time indoors, warm, dry air can irritate nasal passages.**

Created with ingredients chosen by ear, nose and throat doctors, Ayr Saline Nasal Gel is a gentle product formulated to be compatible with nasal membranes. In addition to providing long-term, year-round moisturization, the gel can be used day and night.

Gentle enough for babies, Ayr Gel is also recommended for those suffering from dryness due to travel, allergies, mouth breathing, climate, pregnancy, nosebleeds, oxygen therapy and respiratory infections. And, because the gel contains no medication, it can be applied as often as necessary.

To learn more, visit the Web site at [www.bfascher.com](http://www.bfascher.com).