

# MAKING LIFE MORE FUN

## ATV Trail Riding—Fun For The Whole Family

(NAPSA)—For many Americans, riding all terrain vehicles (ATVs) is a fun family activity. In fact, nine million American men, women, teenagers and children enjoy the pleasure of riding ATVs.

ATV sales have been increasing steadily for almost 10 years. With a greater selection of models on the market, and more people discovering the versatility and practicality of these multipurpose machines, the need for proper, professional training is increasingly important.

To promote rider safety, the ATV Safety Institute (ASI) offers half-day hands-on courses taught by licensed instructors.

“These courses are available in every state and focus on all aspects of ATV operation with an emphasis on safety and environmental awareness,” said Mike Mount, senior manager, ATV Safety Institute.

The ASI has established the “Golden Rules” of ATV Safety:

1. Take an approved ATV training course.

2. Children should ride an ATV that’s right for their age. The ASI guidelines are:

Age 6 or older	Under 70cc
Age 12 and older	Under 90cc
Age 16 and older	Over 90cc

3. Children under the age of 16 should always ride with adult supervision.

4. Riders should always wear an off-highway motorcycle helmet,



**Children under age 16 should only ride youth models, which are much smaller and less powerful than adult-sized ATVs.**

over-the-ankle boots, long pants, full-fingered gloves, long sleeves and eye protection.

5. Never carry a passenger.

6. Ride only on designated trails and ride responsibly.

7. Never ride on public roads and always avoid paved surfaces.

If these rules are followed and people ride within their personal skill limits, ATVs can provide countless hours of safe outdoor recreation for the whole family.

For more information, visit [www.atvsafety.org](http://www.atvsafety.org) or call 1-800-887-2887.