

Uncork Red Wine's Health Benefits— Without Drinking Wine

(NAPSA)—Researchers published in *Life Sciences* say resveratrol—an antioxidant that's found naturally in red wine—has the potential to extend life by reducing free radical damage. Now sip on this—it takes nearly 200 glasses of wine a day to get the daily recommended dose to see the benefits of this powerful supplement, according to research by German scientist Ulrik Stervbo.

To help, there's now a resveratrol ingredient for food, beverages and dietary supplements that has demonstrated cardiovascular health benefits in humans in clinical studies.

"These study results are exciting because they are among the first data of a resveratrol ingredient to show potential cardiovascular health benefits in humans," said Dr. Narelle Berry, Ph.D., a study investigator.

This resveratrol ingredient is resVida®. It's a 99 percent pure trans-resveratrol, free of pesticides and herbicides, and it meets the highest safety standards in the industry. The antioxidant has also been shown to mimic the effects of calorie restriction, which is the only way so far demonstrated to extend life, maintain cognitive function, improve balance, sensory-motor coordination and endurance, and have anti-inflammatory effects.

Adds Dr. Berry, "A previous study showed the proven absorption of resVida® in humans, a little-



You don't have to drink wine to benefit from its antioxidants.

known but important factor that separates it from other resveratrol ingredients."

What's more, resVida® comes from DSM Nutritional Products, a company with long-standing safety records, a high-quality guarantee and trusted manufacturing processes. They believe science should back up products and strive to support a healthier, more sustainable and more enjoyable way of life.

Among numerous products, you can find resVida® in the WineTime™ Bar, a 190-calorie, rich, dark chocolate-flavored nutrition bar containing as much resveratrol as 50 glasses of red wine. This high-fiber bar produced by ResVez packs a healthy punch with dates, almonds and seven extra "superfruits"—cranberry, noni, pomegranate, goji berry, acai, mangosteen and blueberry. Additionally, the first resVida® softgel, 50 mg ResForte, is available from Bricker Labs and the first resVida® beverage is available from Anti-Aging Products.

For more information about resveratrol, visit www.resVida.com.