

How To Redo!

Do It Yourself

(NAPSA)—Thanks to the overwhelming popularity of Do-It-Yourself (DIY) television programs, more Americans are opting to tackle home improvement projects themselves. DIY shows illustrate that such projects are no longer chores—they can be easy, fun and more importantly, inexpensive.

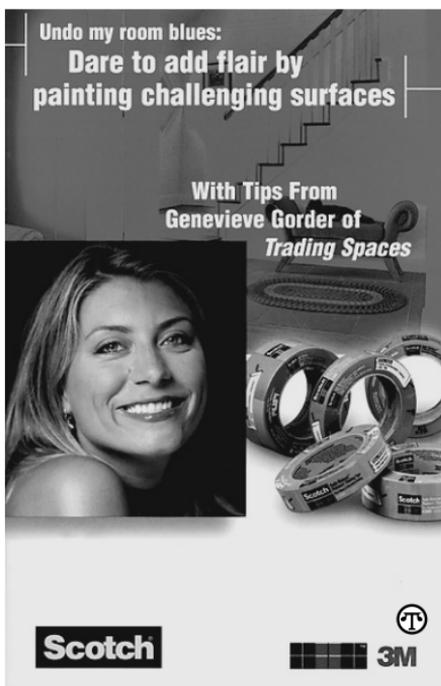
“Home improvement doesn’t need to cost a fortune,” says Genevieve Gorder, designer on the popular DIY show *Trading Spaces*. “One easy and inexpensive way to ‘redo’ a room is simply to paint. Always remember, when approaching any decorating project, painting can be fun, with the proper tools—like primer, roller extensions, and blue painter’s tape.”

Here are some tips from Gorder to make over your rooms:

- If you’re dealing with dull wood floors, try this trick to jazz them up: Start with a basic step, called polyurethane. First, clean and dry the wood thoroughly. Then, using blue painter’s tape, mark off a pattern, lightly sand areas that will be treated with polyurethane and layer it on with a foam brush. It may take three or four coats of polyurethane to achieve the desired effect.

- Create a new look in your paneled room by filling in the cracks: Use textural white paint to fill in the grooves. Using a clean-release tape, such as Scotch Blue painter’s tape, mask off either side of every groove on your paneling. Then, dip your fingers into a bucket of white or off-white textural paint and fill in the grooves to achieve a plaster and “wood-like” look.

- Paint dull cabinets to inexpensively transform a kitchen: Remove the cabinet doors, wash them thoroughly and lightly sand the doors and the cabinet. Then



Undo my room blues:
Dare to add flair by
painting challenging surfaces

With Tips From
Genevieve Gorder of
Trading Spaces

Scotch  **3M**

Painting can be fun and easy with a free “Undo My Room Blues” booklet, with tips from Genevieve Gorder of *Trading Spaces*.

mask the wall around the cabinet with blue painter’s tape and apply primer to the cabinet and cabinet doors, letting them dry completely. Next paint the cabinet and cabinet doors, and once they’re completely dry, re-install the doors and remove the blue painter’s tape.

3M, the makers of Scotch Blue painter’s tapes, is offering a free tips booklet called “Undo My Room Blues” with tips from Genevieve Gorder of *Trading Spaces*. This booklet is available by sending a postcard with your name and mailing address to “Undo My Room Blues,” c/o Hunter Public Relations, 41 Madison Avenue, New York, New York, 10010 or by sending an e-mail with your name and mailing address to ScotchBlueTips@hunterpr.com.