

BOOKS WORTH READING



Unlocking The Source Of Joy And Fulfillment

(NAPSA)—The true destiny of humans is not pain and suffering, but a joy and fulfillment beyond imagining.

That's the message found in a new book, *The Secret: Unlocking The Source of Joy and Fulfillment* (Kabbalah Publishing, \$12.95), which offers a "simple but potent reminder of the only way to be happy in this world," said Melody Beattie, international best-selling author of *Codependent No More*, *The Language of Letting Go* and *Choices*.

The Secret was written to take the confusion and drama out of growing spiritually and of living a life full of meaning.

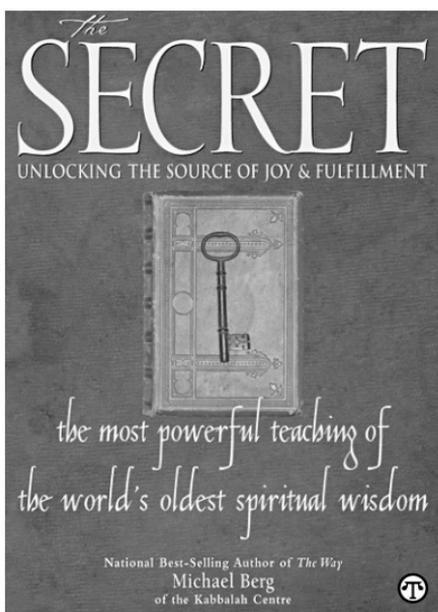
After a decade of research, author Michael Berg discovered a logical three-part sequence that acts as a formula for living a successful and joyful life.

According to the author, the only reason that we are not living this life now and the world is fraught with destruction and chaos is because we have it all backward—"as if we were trying to start a car by letting the air out of the tires or trying to boil an egg by putting it in the refrigerator."

Although upon first reading, *The Secret* seems simple enough, practicing it daily requires a sincere desire for change. Yet the charming tales, as well as Berg's own inspiring voice, reminds the reader of that innate desire in all people.

"Try to remember a moment from your own life when all that is good and right with the world seemed to express itself—when the forces of the universe converged and for one second, all was perfect and complete and secure," said Berg. This is one glimpse of what *The Secret* can bring to a person's life.

The Secret provides true wisdom, not information. "Sharing this wisdom is my life's work,"



A book with the powerful teachings of ancient spiritual wisdom may help readers unlock the secret of joy and fulfillment.

said Berg.

When the book was in the final stages of production, Berg's second son, Joshua was diagnosed with Down syndrome. This experience has strengthened his wish to share the wisdom of *The Secret*.

"I know this is a book that will improve the lives of everyone who reads it. Moreover, for thousands of years our sages have taught that the wisdom of the Kabbalah and the Zohar have the power to eventually bring about a world free from pain or suffering, where true joy and lasting fulfillment are achieved by all," said Berg.

Berg is the author of another book and bestseller, *The Way: Using the Wisdom of Kabbalah for Spiritual Transformation and Fulfillment*, editor-in-chief of www.kabbalah.com website and a noted lecturer. This book is available at bookstores.

For more information on *The Secret: Unlocking the Source of Joy and Fulfillment*, visit www.kabbalah.com.