

# MOTHERS AND BABIES

## What To Expect

(NAPSA)—One book has set the standard on what to expect during pregnancy and now the latest edition of this pregnancy bible is available in Spanish.

“Qué Se Puede Esperar Cuando Se Está Esperando” (Workman, \$13.95)—a direct translation of “What To Expect® When You’re Expecting”—is the trusted com-



**The revised edition of a renowned and trusted pregnancy resource has a wealth of up-to-date information.**

panion of Spanish-reading expectant parents as well as their doctors, midwives and other health care providers.

The book has been completely revised to include the most up-to-date information on birthing options, plus new sections on working while pregnant, alternative medicine and HMOs. Sections on postpartum depression, second pregnancies and alternative families have also been expanded.

Some things about pregnancy never change—but others do. The new edition covers such present-day concerns as cell phone safety and breaking the happy news to your boss. The book is available wherever books are sold.