

# WOMEN'S HEALTH TRENDS

## Women Helping Women

(NAPSA)—If you could help your daughters, granddaughters and nieces avoid cancer, wouldn't you?



**Pearline (L) joined the Sister Study as a tribute to her sister, Andrea, a breast cancer survivor.**

If you're a woman aged 65 to 74 whose sister had breast cancer, you can help researchers learn how genes and the environment may affect the chances of getting the disease. Conducted by the National Institute of Environmental Health Sciences, one of the National Institutes of Health, the Sister Study empowers women to make a lasting mark on breast cancer research.

“The risk of developing breast cancer is greatest for women over the age of 65 and it is important for senior women to participate in safe research like the Sister Study,” said Dr. Dale Sandler, Principal Investigator. She added, “Joining is fairly simple and can be done from home, plus participants are not required to make any changes to their habits, diet or daily life.”

To learn more, visit the Web site at [www.sisterstudy.org](http://www.sisterstudy.org) or call 1-877-474-7837; Deaf/Hard of Hearing, 1-866-TTY-4747.