

BABY BASICS

Your Baby Is Talking To You: Understanding Your Newborn

(NAPSA)—Few experiences can match the thrill of becoming a parent. And for new parents, few things can be as daunting as their baby's cries. Fortunately, by deciphering those cries, parents now have the ability of understanding what their newborns are "saying."

Following nearly a decade of research and observation in countries worldwide, Dunstan Baby Inc. has discovered that all newborns use a universal set of sounds, or "words" to express basic needs, such as hunger, gassiness or tiredness. From this research evolved the Dunstan Baby Language—a revolutionary system that teaches parents how to identify the words that all babies use.

After launching on "The Oprah Winfrey Show," the system is now helping parents understand their newborns' needs, thus forming the cornerstone of loving relationships and effective parenting.

"When I became a mother, my intuition told me my son's cries were not simply random noise. I believed he was trying to tell me something. After careful listening, I began to hear distinct patterns in his cries, which were continuously repeated," explains Priscilla Dunstan, discoverer of the Dunstan Baby Language. "Initially, I thought this was something unique between Tom and me, but once I overheard the same sounds from other babies, I realized the importance of this breakthrough for parents everywhere."

In order to prove the benefits for new parents, the company



By listening closely to the "language" their baby uses, parents are better able to understand the infant's needs.

commissioned an independent study by The Leading Edge, one of the world's most respected research consultancies. Observation of over 1,000 babies internationally has shown amazing and consistent results; after learning the Dunstan System, parents reported less stress, more confidence in their ability to care for their infant and happier, more content babies. The study also found:

- 90 percent of mothers found the system to be invaluable, teaching mothers to hear exactly what the baby is communicating. For example, every baby will say the word "neh" when hungry. The sooner hunger is identified, the sooner a parent can respond by feeding;

- 70 percent report their child

settles down faster after using the system, resulting in a more contented baby who cries less;

- 70 percent feel more confident as a mother. The system teaches that a baby's first communications occur before crying develops. As the sounds and their meaning are recognized, needs can be met. Babies are more relaxed, confident and happy—and so are parents.

- Two out of three fathers that participated in the system reported reduced levels of stress, greater paternal involvement in the baby's care and more positive marital relationships.

"To be able to listen and know what an infant needs will revolutionize the experience of parenting. It will enable parents to develop a deeper bond of understanding, love and trust with their baby and also with each other," adds Dr. Maureen O'Brien, child development expert, author and former pediatrics researcher at Harvard Medical School. "The Dunstan System truly empowers parents as caregivers, and provides a valuable context for professionals to share what they know about the science of communication between parents and their babies."

The Dunstan Baby Language is taught through two lessons on an informative DVD box set. Each lesson provides the tools to identify specific cries and offers a range of suggested settling techniques. For more information and retail availability, visit the Web site at www.DunstanBaby.com.