

Swimwear

Your Post-Baby Confidence

(NAPSA)—If any of the nearly 4 million babies born in the United States this year is yours, congratulations!

Looking Good

Now, here's more good news: You can still feel trendy, fabulous, comfortable and in control during swimsuit season.

One reason is that a company known worldwide for fashion flair coupled with full-comfort control has created a swimsuit suited to new moms. Instead of trying to hide post-pregnancy problem areas under baggy cover-ups and umbrellas, you can step out in a Miraclesuit.



The world's leading slimming swimwear brand helps new moms with post-baby confidence.

Says Mommy Digger blogger and mother of two, Brynn: "I've never been this happy with how I look in a bathing suit...It fits my body wonderfully, curves and all, and gives me the confidence to hit the pool with my girls and have a great time."

The luxury swimwear collection promises to make you look 10 pounds lighter in 10 seconds, and can be found in most specialty and better department stores as well as select online sites.

Some Slimming Suggestions

In addition, here are three more things you can do to get back into shape:

1. Breast-feeding your baby.
2. Walking, especially while carrying your baby in a front pack.
3. Deep breathing; that is, holding your abs tight while inhaling deeply, holding them in for as long as you can, and then relaxing them while exhaling.

Learn More

For further information, visit www.miraclesuit.com or connect with the company on Facebook, Twitter and Instagram.